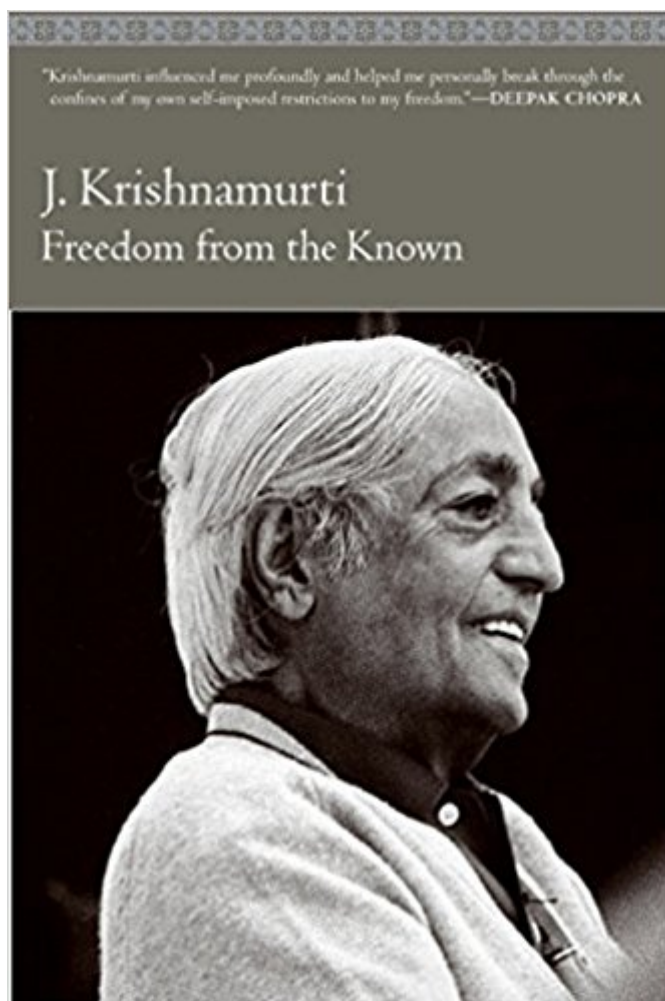


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# Freedom From The Known



## Synopsis

Krishnamurti shows how people can free themselves radically and immediately from the tyranny of the expected, no matter what their age--opening the door to transforming society and their relationships.

## Book Information

Paperback: 124 pages

Publisher: HarperSanFrancisco; New edition edition (March 10, 2009)

Language: English

ISBN-10: 0060648082

ISBN-13: 978-0060648084

Product Dimensions: 5.3 x 0.3 x 8 inches

Shipping Weight: 0.3 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 157 customer reviews

Best Sellers Rank: #44,000 in Books (See Top 100 in Books) #76 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts #288 in Books > Self-Help > Spiritual #2670 in Books > Health, Fitness & Dieting > Psychology & Counseling

## Customer Reviews

Krishnamurti shows how people can free themselves radically and immediately from the tyranny of the expected, no matter what their age--opening the door to transforming society and their relationships.

J. Krishnamurti (1895-1986) was a renowned spiritual teacher whose lectures and writings have inspired thousands. His works include *On Mind and Thought*, *On Nature and the Environment*, *On Relationship*, *On Living and Dying*, *On Love and Loneliness*, *On Fear*, and *On Freedom*.

Krishnamurti will stretch your mind like malleable clay. It's not certain if your mind goes back to where it was before this happens. If you really digest what he's saying (and it's not easy to do so in most cases) it will expand the way you think of yourself and the world around you. That's what all good books do and this is one of them; highly recommended.

I don't have any idea how many of K's books I have bought and given away. They are probably not given more than a cursory glance and I doubt that a skim read will change anything. I read all the

time and I retain very little of what I have read. K was an occultist from age 14 until his early 30's and that is what I read about and since the occult is interwoven with practically everything it is a very wide subject. My question is "how did he go from that", not from that to that. From that implies a beginning but, to that, is the end, the conclusion. Once you have reached a conclusion then all investigation has ended. There is no answer to the question, that is opinion and opinions are not facts which is contrary to what we have been told, and taught in schools. Therefore school has nothing to do with education, it is programming. Why do you think it is mandatory? The door is open, but due to our conditioning we cannot even see the opening. There is no how to? All we have to do is see the open door but I doubt reading one, two or three of K's books will change anything. This is a fundamental and total change, a total rejection of everything we have been told. Authority is the most destructive thing! When I read those 6 words a wave of excitement and relief came over me. It is such an obvious fact and somewhere inside my head I knew it to be true since I was a child, but the conditioning, the whitewash prevented me from seeing this fact. If you want to really investigate this total revolution then Google JKonline, and every day you will be emailed one of his quotes. It will be 5 or 10 lines. Read K every day not to achieve anything not as a means to an end, just as an experiment and buy this book too, it is my favorite, very short and concise. The other one to get is The Book of Life. This book has 365 quotes, one for every day of the year. Put it by your bed and read a quote every day. I have to read my emails every day but plenty of people do not so JKonline may not work for you..

Krishnamurti talks about the need for one to free oneself from idol thoughts, mythological monsters invented by thought and therefore being a light to oneself and not rely upon anybody, any person to know what is wrong and right. He also talks about freeing oneself from cultural believes invented by thought, and it is only through that freedom that one is free to observe that which is timeless and beyond all conceptions of mankind. His main emphasis is on people to see that, "the observer is the observed", that there is not difference between the experience and the 'experiencer'. This book is for the serious and open-minded people who are keen and want to challenge the status-quo. He shows that there is no need for one to follow any religious sect of any kind or form, and that all the so-called spiritual answers lies within oneself.

In this book, Krishnamurti attempts to show you how to truly live. Live your life without fear and anxiety. The energy of life is in the present, not the past or the future. His theory is different, but it was definitely worth the read.

Intelligent insight, not like a lot of so called "spiritual" books on the market.

A book about focusing on the present and not being a slave to the past or worrying about the future. Motivating in the moment but good luck acting on it. There is an excellent chapter on freedom from the opinions of others that will spur you to greatness.

Very provoking words to stir your consciousness. He uses descriptions of fundamental core issues we carry as humans and uses circumstances and examples that for me personally brought myself out of the "box." Some may already have this level of "awareness," however as an anxious individual, it allowed me to force myself to pick apart my mind to understand the roots.

Just thought I'd add a bit of levity to the review. But I think Krishnamurti would agree with Ty Webb. The book is a compilation of lectures and tapes, and covers Krishnamurti's discourses on human consciousness - emotions, war, and other aspects of our and society's paradigms. He is a brilliant man, but practically all of these spiritual philosophers seem to go out of their way to make everything difficult to understand. The book may be short, but it is extremely dense. There is not a paragraph that does not contain some complex esoteric perspective. Often I had to re-read them a few times to make sense of the concept. And sometimes, I still wasn't totally sure. The bottom line is to figure things out for yourself and don't give away your power to others. On love, I think Swedenborg's explanation is superior and far easier to understand - it is our essence. As with the other emotions, Krishnamurti does a great job of explaining what they aren't, but grasping the concept of what they are was difficult for me. One thing for sure, the book does make you see things differently by challenging the accepted paradigms, and any book that makes you question yourself as much as this one is worth 4 Stars.

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